CENTER OF EXCELLENCE FOR
CHILDREN'S BEHAVIORAL HEALTH
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# Models of School-based Mental Health in Georgia

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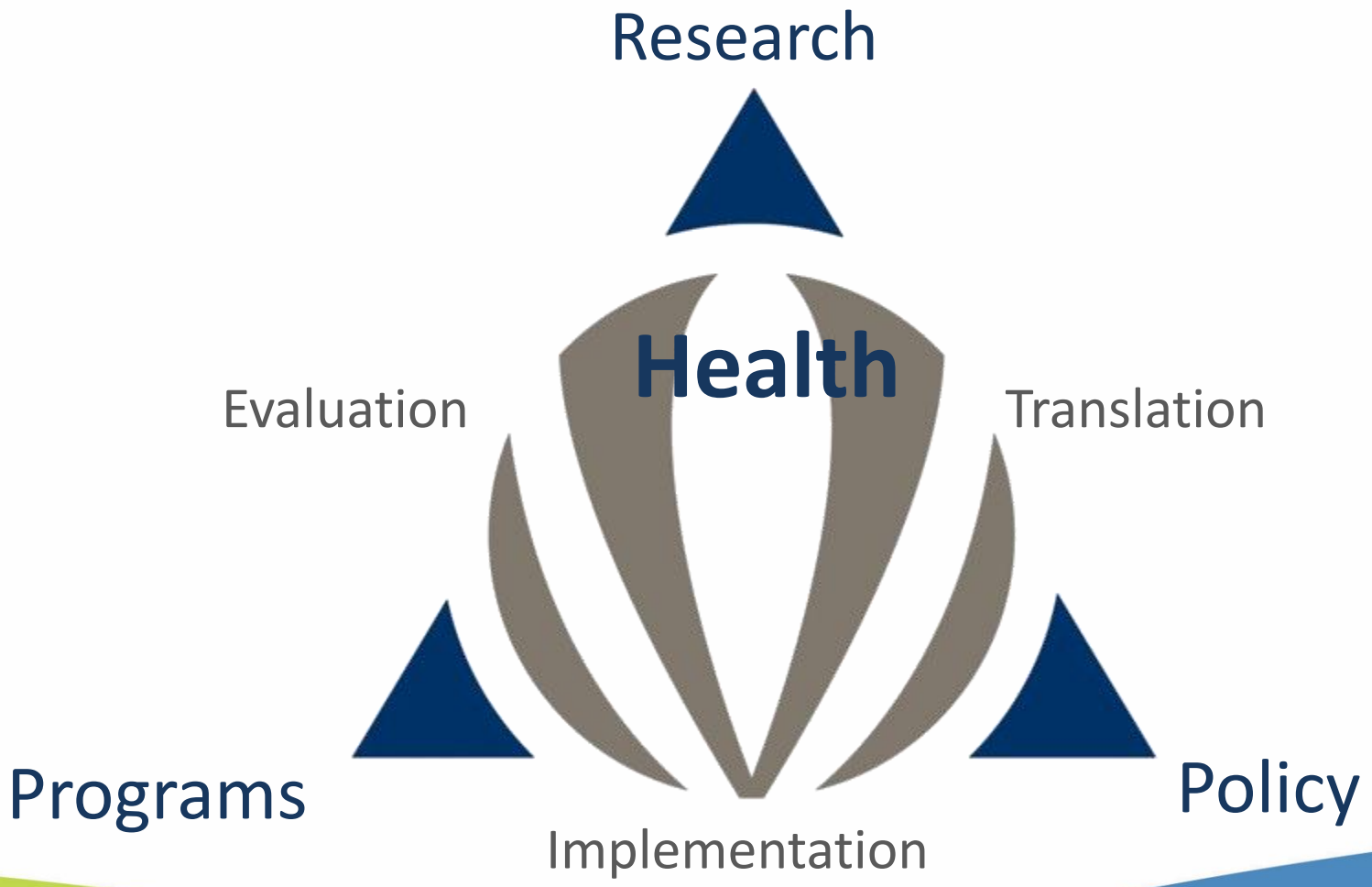
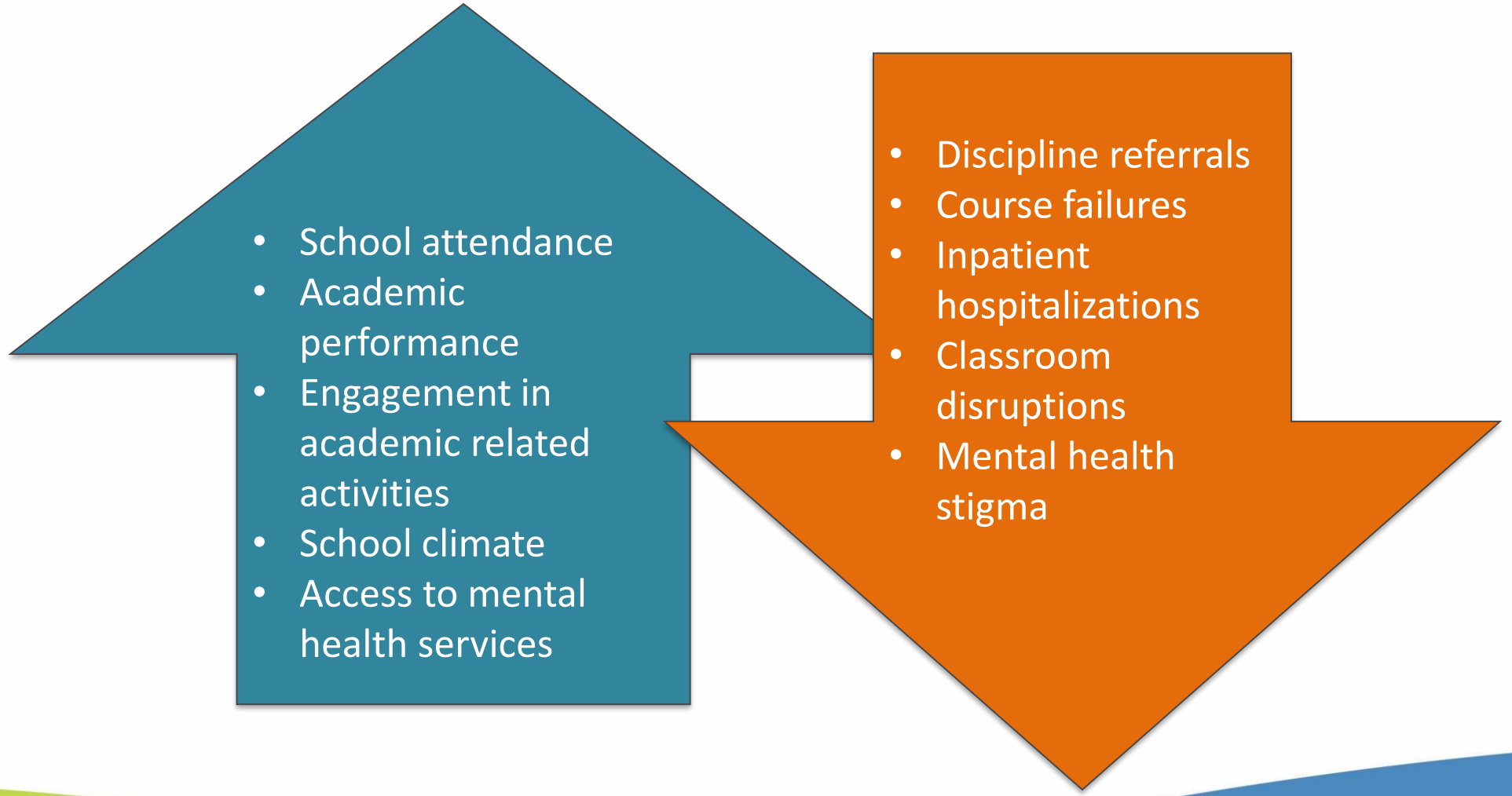
Georgia Health Policy Center

Georgia State University | Andrew Young School of Policy Studies

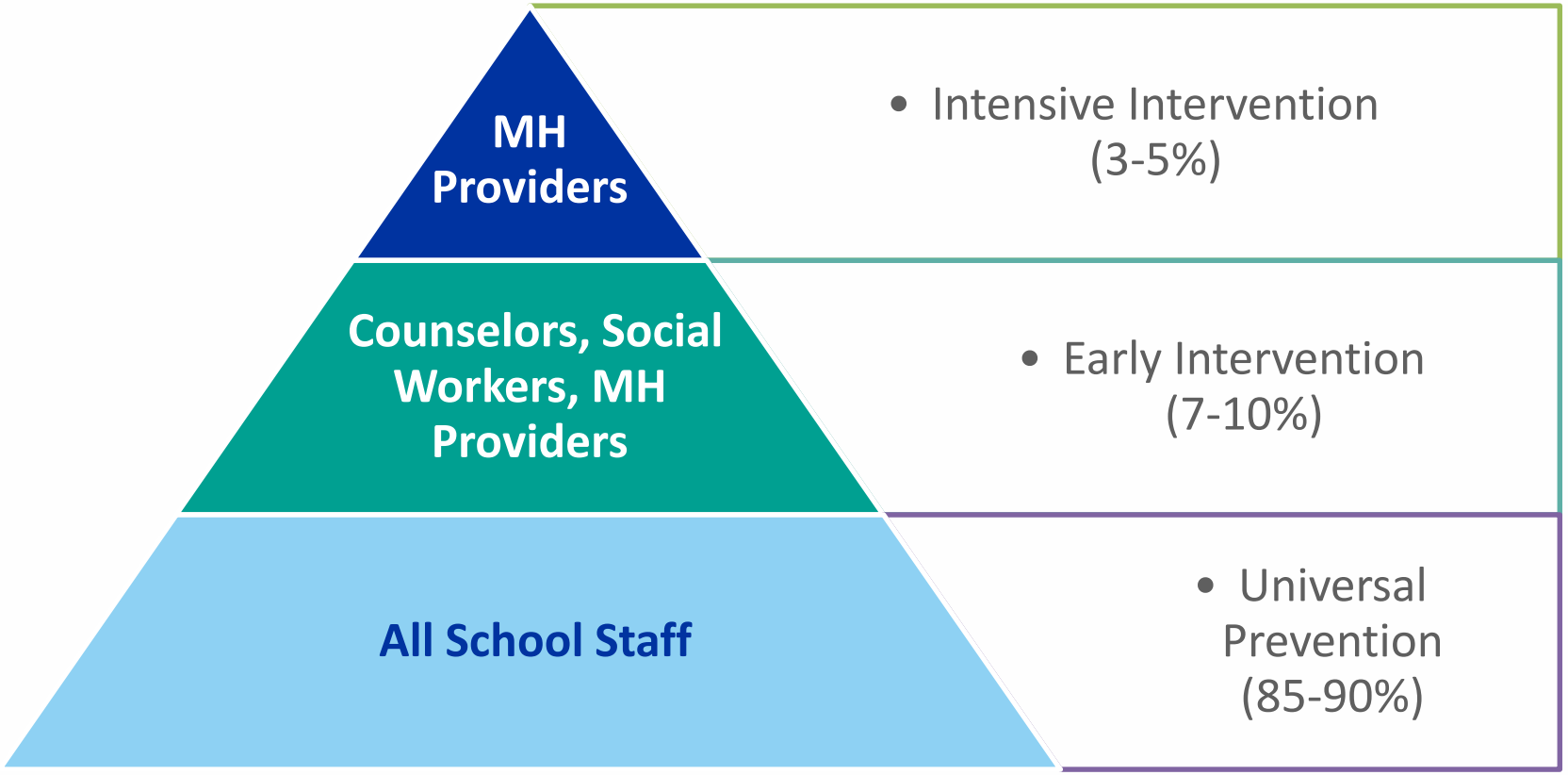
# Georgia Health Policy Center
# Conceptual Framework



# Potential Benefits of SBMH

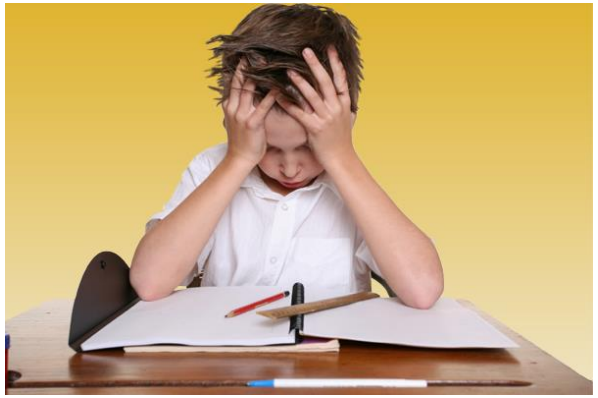


# Framework for SBMH Services



# Select Models of SBMH in Georgia

- GNETS Pilot
- ARC Framework
- Apex
- SOC State Plan



# South Metro GNETS High Fidelity Wraparound (HFW) Pilot

## Trauma Informed School Environment

Tier 1

- Includes universal screening of students, monitoring of key student indicators
- Staff trained in PBIS, trauma informed care and practices, and social emotional learning (SEL) strategies to support student achievement.

## Trauma-informed SBMH Services

Tiers 2 & 3

- Tier 2: includes SEL supports and group sessions guided by a behavioral health professional. Referrals made to community providers as needed.
- Tier 3: includes individualized SEL supports with behavioral health team. Youth are referred by school social workers for HFW.
- HFW services provided by care coordinator and peer support specialist/mentor. Wrap student and family with additional services

## Monitoring & Evaluation of HFW

- Fidelity monitoring of HFW services
- Longitudinal study
  - Caregiver and student satisfaction
  - Education outcomes
  - Socio-emotional outcomes

# Project 180*: ARC Program

PROJECT 180
CHRIS 180
Changing Directions. Changing Lives.

## Mental Health Workforce Development

- Ongoing trauma-focused training and supervision
- Trauma-informed system/agency wide implementation
- ARC Learning Collaborative

## Trauma Informed School Environment

- Trauma-focused trainings for educators and school administrators
- Systematic implementation of ARC and trauma-informed practices school wide
- Caregiver and Youth Advisory Boards

## School-Based Trauma-Informed Mental Health Services

- Individual therapeutic services
- Clinical measures individual outcomes
- Group work and supports (students/teachers)

*SAMHSA Funded

# Georgia Apex Program*

## Goal 1: Increase Access to SBMH Services

- **31** community behavioral health providers participating in Apex
- More than doubled the average number of students served / month
  - **944** Year 1
  - **1,937** Year 2
- **~84%** of services were provided in schools on average across years 1 & 2

## Goal 2: Support Early Screening and Detection

- **2,822** students who had not previously received mental health services
- **235** average number of first –time students served each month

## Goal 3: Increase Sustained Community Partnerships

- **57%** increase in the number school partners
  - **136** year 1
  - **214 y**ear 2
- **92%** retention among provider and school partners

*DBHDD Funded

# Georgia Apex Program
# Additional Measures

## Student Functioning

- Parent Survey: **Avg score 4.1** (scale 1-5)
- CANS: **~75% report improvements** at re-assessment

## Sustainability

- Approximately **80% of services provided are billable**

## Education

- Increasing number of providers are sharing data to monitor education outcomes.

# System of Care State Plan for Youth with SED

## Goal 1: Establish Baseline Access to 3-Tiers of SBMH

- IDT survey of GA public schools inventorying the array of SBMH services currently available across the 3-tiers

## Goal 2: Increase No. of Schools with Access to All 3-Tiers of SBMH

- Expand Apex program to 13 additional awards in 2018-2019 school year
- IDT collaboratively develops strategies to increase the number of schools with access to 3-tiers of SBMH services

## Goal 3: Increase No. of Students Receiving SBMH Services

- Primary data collection and secondary data analysis to assess the number of students receiving SBMH services

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